

Health Boost

The perception of health has expanded into more than eating well, exercising, and doctors' visits. With the New Benefits Well-Being Package, you have resources to help improve your physical, mental, social, and financial wellness for better overall health.



Teladoc (\$0 Visit Fee)

Feel better now! 24/7 access to a doctor is only a call or click away — anytime, anywhere with no per visit fee. With Teladoc, you can talk to a doctor by phone or online video to get a

diagnosis, treatment options and prescription, if medically necessary. Save time and money by avoiding crowded waiting rooms in the doctor's office, urgent care clinic or ER. Just use your phone, computer, smartphone or tablet to get a quick diagnosis by a U.S. licensed physician.



NB Rx

Healthcare keeps getting more expensive, but you shouldn't have to choose between your prescription medications and other essential expenses. Make sure you're always getting

the best deal on your prescriptions with deep discounts through NB Rx. Save 10% to 85% on most prescriptions at 60,000 retail pharmacies nationwide.



NB Fitness

Stay active for just \$28 per month! NB Fitness provides you with extreme flexibility in membership choices, direct access to a national network of nearly

12,000 participating gym partners, and 9,000+ workout videos. You can switch gyms anytime, and you'll pay the monthly charges directly on the Active&Fit Direct website.



everything in between.

Worklife Services

Everyday help for everyday living. Need childcare, relocation services or caregiver support? Your worklife concierge helps with the good, the challenging and



YOUR BENEFITS ARE JUST A TAP AWAY

My Benefits Work™, the mobile app and member portal for your benefit program, puts all your benefits in the palm of your hand.

EASY ACCESS

All of your benefits are accessible from the dashboard. Tap a benefit to see a brief description of how it works, and buttons will direct you to get started.



VIEW BENEFIT CARDS IN MY WALLET

Store and view all your benefit cards in one place with MyWallet. Easily add your insurance cards with a quick picture, and change the order of cards to fit your preferences. When you need to access a phone number or present the card to a provider, just tap the card and flip it to the front or back.

DEPENDENTS HAVE ACCESS, TOO!

Add your spouse and legal dependents to your account and they'll be able to use your benefit program, too. BEN can help you add and edit their information, or you can do it yourself under the "More" tab of the app.

Dependents 18 or older can create their own unique logins under your account. Invite them to create a profile and they'll receive an email to get started.







Download the **My Benefits Work Mobile App** 800.800.7616 | **MyBenefitsWork.com**

Disclosures: **This plan is NOT insurance** coverage and does not meet the minimum creditable coverage requirements under the Affordable Care Act or Massachusetts M.G.L. c. 111M and 956 CMR 5.00. It contains a 30 day cancellation period, provides discounts only at the offices of contracted health care providers, and each member is obligated to pay the discounted medical charges in full at the point of service. The range of discounts for medical or ancillary services provided under the plan will vary depending on the type of provider and medical or ancillary service received. Discount Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 803475, Dallas, TX 75380-3475, 800-800-7616. Website to obtain participating providers: MemberPortal. NewBenefits.com. © 2024 Teladoc, Inc. All rights reserved. Teladoc and the Teladoc logo are registered trademarks of Teladoc, Inc. and may not be used without written permission. Teladoc does not replace the primary care physician. Teladoc does not guarantee that a prescription will be written. Teladoc operates subject to state regulation and may not be available in certain states. Teladoc does not prescribe DEA-controlled substances, non-therapeutic drugs, and certain other drugs that may be harmful because of their potential for abuse. Teladoc physicians reserve the right to deny care for potential misuse of services. For dermatology consultations, members must complete a Dermatology Intake Form and upload a minimum of three images through the secure message center before each initial consultation. NB Fitness: \$28 per month plus applicable taxes for standard fitness centers. Costs for premium exercise studios exceed \$28 per month, and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on the premium fitness studios selected. Additional terms and conditions apply.